WASHINGTON COUNTY DIRECTORY OF COMMUNITY SERVICES
Including the communities of Ainsworth, Brighton, Crawfordsville, Kalona, Riverside, Washington, Wellman, and West Chester

110 N. Iowa Avenue, Suite 300
Washington, Iowa 52353
319-653-7758
www.washph.com
www.facebook.com/washph

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**EMERGENCY**

Fire ........................................................................................................ 911  
Police ..................................................................................................... 911  
Ambulance ............................................................................................ 911  
Washington County Sheriff ...................... 319-653-2107  
Iowa State Patrol ...................................................... 800-525-5555  
Poison Control Center ......................... 800-222-1222  
Mental Health Crisis Line......................... 877-404-4770  
24 hrs/day – Full Service Crisis Line for General Problems,  
Family Issues, Financial Issues, Abuse, Rape, Suicide, etc.  
Washington County Hospitals & Clinic .. 319-653-548  
To Report Child & Adult Abuse & Neglect 24 hours a day .................. 800-362-2178

**CHILD CARE**

Child Care Nurse Consultant  
1609 Cedar St, Muscatine ......................... 563-263-0122  
Providing on-site consultation, training, and technical  
assistance to early childhood care and education to  
Washington County providers.  

Head Start  hacap.org/whatwe.do/children/programs  
2175 Lexington Blvd, Bldg 1, Washington .......... 319-653-7275  
Preschool and All Day service for children ages 3 -5. Income  
guidelines apply  www.iowaheadstart.com

Kids Corral Daycare  
1509 E. Washington St, Washington ............. 319-591-8028  
Serving children ages newborn through school age.  

Kids Country Club  
1369 Hwy 1, Kalona ................................. 319-656-5437  
Serving children ages newborn through school age.  

Sunrise Child Care  sunrisewellman.com  
525 13th St. Suite 202, Wellman .................... 319-646-2890  
Serving children ages 6 weeks through 5 years. After school  
programs for school aged children.  

Washington Community Y Cornelia S. Day Child Care Center  
Washington.org/child_care.aspx  
821 N. 4th Street, Washington .................. 319-653-3315  
Serving children from age 6 weeks through kindergarten. After school  
programs for school aged children. (Building entrance  
on N. 2nd St)  

Up with Kids Day Care  
1203 E Washington St. Washington .............. 319-653-7522

Iowa Child Care Resource & Referral  iowaccrr.org  
Parent Referral line ........................................ 855-244-5301  
Assists families in selecting child care providers who best meet  
the needs of a child and their family.  

Department of Human Services  
304 South Maple, Fairfield ...................... 800-626-6249  
Listing of registered and licensed providers by county.  
ccmis.dhs.state.ia.us/ClientPortal/ProviderLocator.aspx#

**CITY & COUNTY OFFICES**

Ainsworth City Hall ........................................ 319-657-3761  
Brighton City Hall ........................................ 319-694-2695  
Crawfordsville City Hall ......................... 319-658-3251  
Kalona City Hall ........................................... 319-656-2310
COUNSELING & MENTAL HEALTH

CommUnity Crisis Services and Food Bank (Formerly Crisis Center of Johnson County)
www.iowacrisischat.org
Iowa City Center...319-351-0140  or  Toll Free 855-325-4296
Text .............................................................. 1-855-325-4296
National Hotline ........................................... 800-273-TALK (8255)
Emotional support, crisis intervention and suicide prevention services provided through online support, text, or chat.

Domestic Violence Intervention Program  dvipiowa.org
1105 S. Gilbert St, Iowa City ......................... 319-351-1043
24 Hour Crisis Line ......................................... 800-373-1043
Providing support, safe shelter, resources, and information to individuals battered by their intimate partner.

First Resources CHOICES Drop-in Recovery Center
114 W 2nd St, Washington .......................... 319-591-8176
CHOICES is a consumer run drop in center that provides social support for adults with psychiatric needs. First Resources also provides Intensive Psychiatric Rehabilitation.

Grace C Mae  advocatecenter.org
420 E Polk .................................................. 319-653-2930
Individual, family, group, cognitive, and play therapy to help people find solutions to a variety of life issues and problems.

Hillcrest Family Services  hillcrest-fs.org
2175 Lexington Blvd .................................. 319-653-6161
Offers a wide range of behavioral health services for individuals, couples, and families facing a variety of life challenges, as well as crisis intervention.

Rape Victim Advocacy Program (RVAP)
isah.uiowa.edu/directory/county/show/washington
Local crisis line: ........................................... 319-335-6000
Regional crisis line: ..................................... 800-228-1625
Office phone number: ................................ 319-335-6001

Local Chambers of Commerce

Kalona Chamber of Commerce  kalonachamber.com/
514 B Avenue, Kalona................................. 319-656-2660

Washington Chamber of Commerce  chamber.washingtoniowa.org
205 W Main St, Washington......................... 319-653-3272

Wellman Chamber of Commerce  facebook.com/wellmanchamber/
Systems Unlimited
208 S Iowa Ave................................................. .319-653-3356
Offers individual and family therapy as well as skill building services.

UIHC Child Psychiatry Services
uichildrens.org/medical-services/psychiatry-and-psychology
200 Hawkins Drive...........................................888-573-KIDS (5437)
Services ranging from outpatient care to acute inpatient treatment and include medication management, educational consultation and testing, psychological testing, individual therapy, and family counseling.

UIHC Adult Psychiatry Services
uihc.org/medical-services/psychiatry
200 Hawkins Drive........................................... 800-777-8442

Washington County Mental Health and Disability Services
co.washington.ia.us
2175 Lexington Blvd Bldg #2 ..............................319-653-7751
Washington County Mental Health and Disability Services is a local access point where people may apply for service funding, receive referrals and get questions answered.

DENTAL

Dental House of Washington
525 S. Hwy 1, Washington ............................... 319-653-4451

Washington Dental Care  washingtondentalcare.com
1051 W. Madison St, Washington ....................... .319-653-3412

Dr. Deb Krotz-Dieleman
218 S Iowa Ave, Washington ............................. .319-653-4298

Dr. Chad Wiese
1004 E Washington St, Washington ................. .319-653-2201

Dr. Suzanne Stock – Orthodontist  drssortho.com
110 E Main St....................................................319-653-5090

Community Health Centers of Southeastern Iowa
chcseiwa.com
2409 Spring St, Columbus City ......................... .319-728-7400

Kalona Family Dental  drgrimmdental.com
409 B Ave, Kalona ........................................... 319-656-3264

River Hills Community Health Center  riverhillishealth.org
100 Main St., Richland......................................319-456-2045

Riverside Family Dental  drgrimmdental.com
380 East Hickory Street, Riverside ....................319-648-3900

Dr. Polly Iben (Pediatric)
pedddsdcivc.com/meet-us/meet-dr-polly-iben
414 10th Ave B, Coralville .................................319-338-7520

Dr. Donald Peterson Jr. (Pediatric)  dentisftorkidz.com
501 12th Ave #202, Coralville ......................... 319-351-5439

Dr. Bart Thompson (Pediatric)  bartthompsonental.com
1031 Wade St, Iowa City.................................319-338-8571

Dr. Kaaren Vargas (Pediatric)  corridorkidsdentistry.com/en
1738 Linner Ln, North Liberty ..........................319-665-2573

University of Iowa Pediatric College of Dentistry
dentistry.uiowa.edu/pediatric
801 Newton Rd., Iowa City...............................319-335-7485

DISABILITY/DEVELOPMENTAL DELAY

Center for Disabilities and Development (CDD)
100 Hawkins Drive, 213 CDD, Iowa City .......877-686-0031
Provides a team approach to find answers for patients with complex needs.

CHADD (Children & Adults with Attention Deficit/Hyperactivity Disorder)
chadd.net/template.cfm?affid=347&p=about
Cedar Rapids branch ......................................319-551-8352
Information and support for families and individuals affected by ADHD.

Child Health Specialty Clinics (CHSC)  chsciowa.org
100 Hawkins Dr., 230 CDD Iowa City ..............866-219-9119
A community based public health agency serving children and youth who have or at risk of having special health care needs including chronic conditions, behavioral or emotional disorders or more complex health conditions.
CHSC’s Iowa Regional Autism Assistance Program
https://chsciowa.org/regional-autism-assistance-program.asp
.......................... 866-219-9119
Connects families to services for their child (ages 0-21) with Autism Spectrum Disorder. Families have access to care coordination and family to family support in their community.

ChildServe Center childrenscenterfortherapy.org
1552 Mall Drive, Iowa City .................. 319-351-5437
Services include respite care, supported community living, and behavioral health services in addition to pediatric physical, speech, and occupational therapies.

Disability Rights Iowa disabilityrightsiowa.org
email: info @DRIowa.org ..................... 800-779-2502
Information, education, and legal assistance provided for persons with disabilities, including mental illness, to help them deal with discrimination.

DHS Iowa Department of Human Services dhs.state.ia.us
304 South Maple, Fairfield...800-642-6249 or 641-472-5011
Provides a variety of economic programs for people with disabilities.

Grant Wood Area Education Agency www.aea10.k12.ia.us
4401 Sixth Street SW, Cedar Rapids........319-338-8488 or 319-399-6700
See description under Children, Youth & Families

Optimae Lifeservices optimaelifervices.com
1415 West 5th St ............................. 319-653-6571
Provides health care and human services for individuals with developmental disabilities.

REM – Iowa remiowa.com
1307 N. 5th Ave ................................. 319-653-7306
Services for people with intellectual and developmental disabilities as well as day and residential services for those with brain injuries.

Systems Unlimited sui.org
208 S Iowa Ave .................................. 319-653-3356
Provides supported community living services to children and adults in their own homes. Services can be provided through the Home and Community Based Medicaid Waivers or through Chapter 24.

The Arc of Iowa http://thearcofiowa.org
2620 Muscatine Ave, Iowa City ............ 319-351-5017
The Southeast Iowa affiliate of the national organization on mental retardation.

Washington County Mental Health and Disability Services co.washington.ia.us
2175 Lexington Blvd Bldg #2 .................. 319-653-7751
See information under “Counseling & Mental Health”

WCDC wcdcinc.com
1425 W 5th St .................................. 319-653-7248
Provides services including habilitation, transportation, and community living for individuals with developmental disabilities as well as skill development for children and families with emotional disabilities and other dysfunctional behaviors. WCDC provides supported employment services through Advanced Employment Services 109 S Mario Ave, Washington .................. 319-653-7568

EDUCATION

Grant Wood Area Education Agency aea10.k12.ia.us
4401 Sixth Street SW, Cedar Rapids........319-399-6700 or 800-332-8488

Childcare Alliance Response Team: Intensive behavioral support for children in child care settings.

Early ACCESS: Early intervention for children birth to three with delays in development or health/physical conditions that affect development.
Autism Core Team: Members of this team provide a variety of services including student observation, functional analysis, educating peers about autism, and a variety of other services to help support individuals in the autism spectrum and the staff working with them.

Special Education: Free services to children with special needs and all children with disabilities (birth-21 yrs). Services include: hearing screenings and diagnostic testing, services to the mentally disabled, severe/profound and physically handicapped children located in select school centers, speech-language services and special education consulting.

PRESCHOOL – Grade 12

First Baptist Preschool
122 E 2nd St, Washington .......................... 319-653-3748

Head Start Preschool
2176 Lexington Blvd, Washington ............... 319-653-4319
Income based no cost preschool

Kingdom Kids Preschool
209 E Main, Washington ............................. 319-653-6588

St James Preschool
616 W 2nd St, Washington ........................... 319-653-3631

Highland Community School District
highland.k12.ia.us
Highland Elementary (Preschool)
220 Schnoebelen St, Riverside ...................... 319-648-2821
Middle School
1715 Vine Ave, Riverside ............................ 319-648-5018
High School
1715 Vine Ave, Riverside ............................. 319-657-4101
or 319-648-2891

Mid-Prairie Community School District
mid-prairie.k12.ia.us/pages/Mid-PrairieCSD
Mid-Prairie East Elementary (Preschool)
702 6th St., Kalona ..................................... 319-656-2243
Mid-Prairie West Elementary (Preschool)
800 6th Ave, Wellman ................................. 319-646-2984
Middle School
713 F Ave., Kalona ..................................... 319-656-2241
High School
1634 Hwy 22, Wellman ............................... 319-646-6091
Alternative Learning Center
1636 Hwy 22, Wellman ............................... 319-646-6093

WACO Community School District
WACO Elementary (Preschool)
200 S Main St, Crawfordsville ....................... 319-658-2931
WACO Jr. and High School
706 N. Pearl St, Wayland ............................. 319-256-6200

Washington Community School District
washington.k12.ia.us
Stewart Elementary (Preschool)
821 N 4th Ave., Washington ......................... 319-653-3244
Lincoln Elementary
606 N 4th Ave, Washington .......................... 319-653-3691
Middle School
313 S 4th Ave, Washington .......................... 319-653-5414
High School
1111 S Avenue B, Washington ....................... 319-653-2143
Washington/WACO Home School Assistance Program
300 S. Iowa Ave., Washington ....................... 319-653-4655

Private Schools
Iowa Mennonite School (9-12) iowamennonite.org
1421 540th St SW, Kalona ............................ 319-656-2073
Pathway Christian School (K-12) pathwaychristian.net
5764 Highway 1 SW, Kalona ......................... 319-656-5443
St James School (PreK-5)  stjamesschool.pvt.k12.ia.us/  
602 W 2nd Street, Washington .......................... 319-653-3631

Post Secondary and Adult Education
Kirkwood Community College: Washington County Regional Center  kirkwood.edu/washingtonregional
2192 Lexington Blvd., Washington............... 319-653-4655
College courses provided to help students complete an AA, transfer to a 4 year college, or earn college credit while in high school.

Iowa State University Extension  
extension.iastate.edu/washington
2223 250th St, Washington......................... 319-653-4811
Information and educational programs including aging, childcare, financial management, food safety, nutrition and more.

L.E.T.'s Center for the Healing and Creative Arts  
letscenter.org/
114 N. Iowa Ave, Washington...................... 319-531-1219
Offers a variety of classes as well as a place for people to learn, experience, and practice many different types of art.

EMPLOYMENT/JOB TRAINING & PLACEMENT

Advanced Employment Services  wcdcinc.com
109 S Marion Ave, Washington .................... 319-653-7568
Supportive services for persons with disabilities to learn job skills and to find/maintain employment.

Iowa Vocational Rehabilitation Services  ivrs.iowa.gov
1700 South 1st Ave, Suite 25D, Iowa City ....... 319-337-5733
Provides individualized job placement, career exploration, and vocational training services to eligible individuals with disabilities.

Iowa Workforce Development / IowaWorks Center / Job Corps of Iowa  iowaworkforcedevelopment.gov/cedar-rapids-iowa-city
Eastdale Plaza 1700 S 1st Avenue, Suite 11B, Iowa City .................................................................319-351-1035
Provides job placement services to unemployed and underemployed individuals, and processes unemployment insurance claims. Workforce Investment Act (WIA) serves individuals ages 16 and up.

Promise Jobs (IowaWorks Center)  
iowaworkforcedevelopment.gov/promise-jobs
Eastdale Plaza 1700 S 1st Avenue, Suite 11B, Iowa City .................................................................319-351-1035
Application approval and referral from DHS required. Pre-employment and on the job training, secondary education certification. Financial assistance for low-income persons with tuition, childcare and transportation. This program is available for individuals on the Family Investment Program (FIP).

FAMILY/PARENT SUPPORT

1st Five Healthy Mental Development Initiative  
http://www.washph.com/ChildHealth/1stFive.aspx
110 N. Iowa Ave, Ste. 300, Washington...319-653-7758 ext. 105
A Washington County Public Health program that links families with children from 0-5 to local services that meet a variety of needs and concerns from child development issues to family stress. Parents and caregivers seeking a referral can access this service through their local medical provider.

Children in the Middle Classes  
family-development.org
Family Development Associates ......................800-261-5097
Provides educational classes in Washington Co. that focus on the needs of children whose families are in the midst of a change or conflict, such as divorce or separation.
Offering classes in finance, nutrition, food safety, and more.

**The Family Connection**
washph.com/ChildHealth/TheFamilyConnection/aspx
110 N. Iowa Avenue Suite 300.................. 319-653-7758
A free early childhood focused family support and education program for parents and their children ages 0-4 living in Washington County. Services include in-home visits, weekly playgroups, and family-focused group activities.

**Washington County Public Health**   washph.com
110 N. Iowa Ave, Washington  319-653-7758
Committed to protecting and promoting the health of all Washington County residents, Public Health offers a variety of services including: vaccinations, dental services, WIC clinics, nursing and home care services, and information as well as assistance in understanding and applying for Medicaid, hawk-i, and other insurance programs.

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**FOOD & FINANCIAL**

**Food Pantries**

All pantries listed have different times and regulations. Please contact them by phone before going to the sites.

**Ainsworth Community Church**
350 N 4th, Ainsworth........................... 319-653-3020

**Church of God**
322 S Ave D, Washington.......................... 319-653-5678

**Asberry UMC**
601 8th Ave, Wellman ............................. 319-646-2417

**Fairview Mennonite Food Pantry**
2605 540th At, Kalona............................ 319-683-2571

**Grace Community Church**
301 W 2nd St, Washington.......................... 319-653-3881

**Food for All – Kalona UMC**
302 4th St, Kalona........................................ 319-656-2642

**HACAP**
2175 Lexington Blvd. Bldg #1, Washington .......................... 319-653-7275

**Mobile Food Pantry** – Open on the 1st Thursday of each month in **Brighton** (City Hall) from 10:30 am-11:30 am and **Washington** (United Presbyterian Church Parking Lot) 1-2 pm

**House of Plenty Food Pantry – Kalona**
1103 J Ave, Kalona........................................ 319-656-2298

**Kalona Food Pantry**
401 E Ave, Kalona........................................ 319-656-5285

**Our Church Community Church**
1474 Franklin Ave, Wayland.......................... 319-461-0576

**St. Mary’s Hall**
360 Washburn St., Riverside.......................... 319-648-2331

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**Community/Senior Meal Sites**

**United Presbyterian Church** – Saturday Kitchen 11 am-1 pm
209 East Main, Washington ............................. 319-653-6588

**Wellman Senior Dining**
223 8th Ave., Wellman................................. 319-646-2711

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**Financial**

**DHS Iowa Department of Human Services**  dhs.state.ia.us
304 South Maple, Fairfield......800-642-6249 or 641-472-5011
Hrs: Monday – Friday 8 am – 4:30 pm

Economic Programs: FIP (Family Investment Program), food assistance, medical assistance (Medicaid). Referrals/funding for service programs including: foster care, shelter care, institutional care, adoption, independent living, day care, and child abuse assessments.

**SNAP**  oasis.iowa.gov
Government food assistance program............ 855-944-3663

**WIC – Women, Infants & Children Program**
idph.iowa.gov/wic
WIC is a supplemental food program for pregnant and nursing mothers, and children from birth through age 5. Johnson County WIC provides services in Washington County.
Washington WIC scheduling .................. 319-653-7758
Iowa City WIC scheduling .................. 319-356-6042

**General Assistance**
co.washington.ia.us/291/General-Assistance
2175 Lexington Blvd, Washington ................. 319-653-7768
General Assistance is located in the Orchard Hill Complex Building #2. Provides assistance on a temporary basis for a limited period of time. It can be used to pay for basic needs such as: rent, utilities, burial, and food vouchers for clients who are unable to work.

**HACAP**
2175 Lexington Blvd, Bldg #1, Washington ..... 319-653-7275
Applications for LiHEAP, Low Income Home Energy Assistance Program.

**Washington County Veterans Affairs**
co.washington.ia.us/181/Veterans-Affairs
2175 Lexington Blvd, Building #2 .............. 319-653-7768
Support for veterans and their families.

**HEALTH CARE**

**Chiropractic Providers**

**Bright Futures Chiropractic**
131 E Ave, Kalona .................................. 319-656-2888

**Brown Chiropractic**
109 N Marion Ave, Washington .................. 319-653-3336

**Burdock Family Chiropractic**
208 S Marion Ave, Washington ................... 319-653-3573

**Campbell Chiropractic Office**
1359 Ginkgo Ave, Wellman ......................... 319-646-2411

**Eastern Iowa Chiropractic & Massage Therapy**
112 E Washington St, Washington ................. 319-653-6000

**Errthum Chiropractic**
412 C Ave, Kalona .................................. 319-656-2085

**Ryan Miller J DC**
214 8th Ave, Wellman ............................ 319-646-6800

**Tweeton Chiropractic**
214 S Iowa Ave, Washington ....................... 319-653-2351

**Washington Chiropractic PC**
411 B Ave, Kalona .................................. 319-656-3756

**Medical Providers**

**Community Health Center**
[chtseia.com/services.htm](http://chtseia.com/services.htm)
2409 Spring Street, Columbus City .............. 319-728-7400
Provides affordable, comprehensive, primary health care, especially those individuals/families with limited resources or other barriers to health care.

**Community Health Center**
[riverhillshealth.org](http://riverhillshealth.org)
100 West Main, Richland .......................... 319-456-2045
Medical and dental services as well as assistance in applying for medical insurance coverage.

**Compassus**
[compassus.com/](http://compassus.com/)
1621 E. Washington St, Washington ............ 319-653-2035
Provides hospice and respite services to a 10 county area. Services available 24/7 at home, hospital, or nursing home.

**Flexible Family Care**
301 S. Iowa #1, Washington ....................... 319-653-9355

**Hospice of Washington County**
[hospicewashingtoncounty.org](http://hospicewashingtoncounty.org)
948 East 11th Street, Washington ................. 319-653-7321
Provides Hospice and Palliative Care services to a 7 county area. Nursing services available 24/7. Other services include social work, chaplain, health aides, and therapists.
Iowa Family Practice  
305 W. Main St, Washington 319-461-0130

Mercy Family Medicine of Kalona  
mercyfmkalona.portalforpatients.com/portal/default.aspx  
207 1st Street, Kalona 319-656-3151

Wellman Family Practice  
cityofwellman.com/businesses/wellman-family-practice  
217 8th Ave SW #3, Wellman 319-646-2800

University of Iowa Hospital and Clinics River Crossing  
iuhc.org/ui-health-care-river-crossing  
3056 River Crossing Ct, Riverside 319-467-8355

WCHC Medical Clinic wchc.org  
444 E. Polk St, Washington 319-653-6601

WCHC Family Medicine wchc.org  
1230 S. Iowa, Washington 319-653-7291

WCHC/UIHC Midwife Clinics  
Midwives from UIHC offer prenatal visits at WCHC a minimum of twice each month. Newborn delivery will take place in UIHC. Call and request to be seen at WCHC 800-777-8442

Washington County Public Health washph.com  
110 N. Iowa Ave, Washington 319-653-7758  
Public Health offers a variety of services including: vaccinations, dental services, WIC clinics, home care services, and information as well as assistance in understanding and applying for Medicaid, hawk-i, and other insurance programs.

Medical Equipment & Supplies
Free equipment rental
Sonshine Outreach  
301 W. 2nd St, Washington 319-591-1333  
Located behind Grace Community Church

Equipment Purchase
Community Medical Supply  
505 Hwy 1 South, Washington 319-653-5797

Stout Supply  
3096 Old White Way, Ainsworth 319-657-4127

Pharmacies providing Home Delivery
Hy-Vee Pharmacy  
528 Hwy 1 South, Washington 319-653-2155

Miller Medicine Cabinet (delivery in Kalona and Wellman)  
214 5th, Kalona 319-656-3134

Pharmacy on 8th  
221 8th Ave, Wellman 319-646-3388

Smart Scripts (home and mail delivery)  
www.smartscripts.com  
1010 W Madison, Washington 844-597-6278

WCHC Beans Pharmacy  
222 S Iowa Ave, Washington 319-653-4646

Physical Therapy
Jet Physical Therapy www.jetpt.net  
511 Hwy 1 South, Washington 319-653-5494  
525 13th Street, Suite 101, Wellman 319-646-5381

Physical Therapy Services PC  
423 B Ave, Kalona 319-656-3177

Washington County Hospital and Clinics Rehabilitation Services  
400 E Polk St, Washington 319-863-2030

Vision
Eye Associates of Iowa City, Kalona Office  
eyeassociatesic.com/about-us/kalona-office  
204 5th Street, Kalona 319-656-2420

Modern Eye Care modereycare.com  
301 S. Iowa, Washington 319-653-2371
**Housing**

**Area XV Multi-County Housing Agency**  
areaxvhousing.org/  
417 N College St, Agency...........641-937-5222 or 800-848-9438  
Administers three different types of housing programs in Southeast Iowa; Public Housing, Section 8 Housing Choice Voucher Program, Area 15 Apartments Program (for elderly and disabled only).

**HUD Housing**  
portal.hud.gov/hudportal/HUD  
Provides oversight for Public Housing Agencies, administers FHA home mortgage program, & provides other housing information and assistance.

**Habitat for Humanity**  
www.iowavalleyhabitat.org  
2401 Scott Blvd SE, Iowa City, IA 52240........ 319-337-8949  
Home ownership program. See website for details.

**Helping Hands**: Affordable home repairs and aging in place modifications for homeowners.

**HACAP**  
hacap.org  
2175 Lexington Blvd. Bldg #1, Washington..... 319-653-7275  
HACAP offers transitional housing to income eligible applicants who will learn a variety of skills while completing all compliance requirements. Apartments located at 2176 Lexington Blvd.

**Shelter House**  
shelterhouseiowa.org/  
429 Southgate Ave, Iowa City...................... 319-351-0326  
Provides affordable emergency shelter and assistance to help individuals find affordable housing and permanent supportive housing.

**Other Low Income Apartments**

**Ashley Lynn Condominiums**  
elliottrealtysgroup.com/rental-properties  
325 & 375 West 18th St.......................... 319-461-4413  
Information and rental application available at the website.

**Autumn Park Apartments**  
841 W Monroe St........................................ 319-653-6804  
Autumn park apartments offers senior, low income, handicapped accessible housing.

**Briarwood Apartments**  
700 W Tyler St, Washington.......................... 319-591-8213

**Highland Park Apartments**  
215 East 15th St, Washington...319-530-0716 or 319-863-3621

**Lantern Grove Apartments**  
1608 N. 5th Ave, Washington ....................... 319-653-6555

**Woodbridge Apartments**  
603 W. Adams St., Washington................... 319-461-3067

**Kalona Valley Apartments**  
307 5th Street, Kalona............................. 319-362-1029

**Landlord list available at**  
Washington Chamber of Commerce...........319-653-3272

**Legal**

**Disability Rights IOWA**  
disabilityrightsiowa.org/  
400 E Court Ave #300, Des Moines...........515-278-2502 or 800-779-2502  
Disability Rights IOWA aims to defend and promote the human and legal rights of Iowans who have disabilities and mental illness.

**Iowa Legal Aid**  
ijowalegalaid.org/  
1700 S 1st Ave, Iowa City.......................... 800-532-1275
for Iowans age 60 and over..........................800-922-8161
Applications for free legal advice can be completed online, via
telephone or in person. Offices are open 8:30 to 4:30
(emergencies taken when open).
People who cannot get help from Iowa Legal Aid may be able to
find a lawyer through the Iowa State Bar Association’s website.
iowafindalawyer.com/ ........................................800-532-1108
Attorneys taking part in Find-a-Lawyer charge a $25.00 fee for
the first 30-minute consultation

Iowa State Public Defender spd.iowa.gov/
216 South 3rd, Burlington..............................319-753-5163
State Attorney General iowastate.gov
Consumer Protection Division, Des Moines....515-281-5926 or
888-777-4590
Washington County Atty
222 W Main St, Washington..........................319-653-7721

LIBRARIES

Kalona Public Library kalona.lib.ia.us
510 C Ave .....................................................319-656-3501
Washington Public Library washington.lib.ia.us
115 W. Washington ........................................319-653-2726
Wellman-Scofield Public Library wellman.lib.ia.us
711 4th St .......................................................319-646-6858

SENIOR CITIZENS

Home Health Services – Each of the following providers is
different but services can include Skilled Nursing, Home Care
Aides, and Homemakers. Home Care Services can usually be
paid for by: Medicare, Medicaid, private insurance, VA. Private
pay services may be available on a sliding fee scale.

Comfort Keepers corvalle-585.comfortkeepers.com/
1752 5th St, Coralville.................................319-354-0285
Optimae Home Health optimaelifeservices.com/
1415 W. 5th, Washington .........................319-653-6571
Washington County Public Health washph.com/
110 N. Iowa Ave, Suite 300, Washington ....319-653-7758
Wesley in Home (coordinated through Lending Hands Inc)
wesleylife.org/living-options/halcyon-house-washington/default.aspx
310 Hwy 1 and 92 N, Washington ............319-653-2661
Services, provided for private pay clients only, is coordinated
through Lending Hands Inc.

Adult Day Care
Lending Hands Inc
wesleylife.org/contact-us/adult-day-lending-hands.aspx
301 Hwy 1 and 92 N, Washington .............319-653-2661
Adult day care. Associated with Halcyon House retirement
complex.

Home Delivered Meals
Meals on Wheels - A Program of Elder Services
livablecommunity.org/Services/67834F8C-2AC6-4E1F-BF40-
69E5080AAEC7/Meals-on-Wheels-A-Program-of-Elder-Services-Inc.aspx
1556 S 1st Ave., Ste A, Iowa City..............319-338-0515
Delivers frozen meals, breakfast bags to the home on a bi-
weekly basis.

Pleasantview Home Kalona only .................319-656-2421
Wellman Senior Dining ...............................319-646-2711

Community Meal Sites
United Presbyterian Church – Saturday Kitchen 11 am–1 pm
209 East Main, Washington .......................319-653-6588
Wellman Senior Dining
223 8th Ave., Wellman...............................319-646-2711
Other Senior Services
Washington County Veterans Affairs
cwo.washington.ia.us/181/Veterans-Affairs
2175 Lexington Blvd, Building #2, Washington...319-653-7768
Support for veterans and their families.

Social Security Administration www.ssa.gov
.......................................................... 800-772-1213

SUBSTANCE ABUSE

Al-Anon & Alateen iowal-an-anon.org/meetings/washington-caring-and-sharing-agf/
Support group for persons who feel their lives have been, or are being affected by alcoholism in a family member or friend.

Alcoholics Anonymous http://www.iowadist10aa.org/aa-meetings-in-washington%2C-ia.html
Iowa City Contact Number ..................... 319-338-9111
National Help Line .............................. 800-234-2046
Support group for individuals who have experienced problem drinking and want to stay sober. Washington and Wellman are in District 10 Riverside and Kalona are in District 13

Prelude Behavioral Services preludeiowa.org
1201 Industrial Park Drive, Washington ..... 319-653-7597
Provides a variety of services including drug testing, counseling, problem gambling, OWI courses, and prevention.

Narcotics Anonymous .............................. 800-897-6242
Support group for individuals who have experienced drug addiction and want to stay sober.

St Luke’s Chemical Dependency Services unitypoint.org/cedarrapids/default.aspx
810 1st Ave NE, Cedar Rapids............... 319-363-4429
Provides a variety of services including comprehensive evaluation, inpatient detoxification, and intensive outpatient therapy.

U of I Chemical Dependency Program uihc.org/substance-use-disorders
200 Hawkins Dr, Iowa City ..................... 319-384-8765
Provides a full range of services including extended and intensive outpatient programs, and services for students.

Washington County Outreach washington.ia.us/229/Outreach
2175 Lexington Blvd #3, Washington ........... 319-653-7749
Provides probation supervision services to court ordered individuals, substance abuse assessment, and referrals.

Advance Medical Transport manta.com/c/mr41bkw/advanced-medical-transport-of-iowa
2228 Heinz Rd, Iowa City ....................... 319-341-7799

Celebrate Recovery – Brighton
https://www.celebraterecovery.com/
A Christ centered recovery program.
Rick Zickefoose ...................... 319-548-0073
Ryan Dexter ..................... 319-931-6483

TRANSPORTATION

Southeast Iowa Ambulance Service seiowaambulance.com
4165 Naples Ave SW # 5, Iowa City .......... 319-466-0735

Washington County Minibus washingtoncountyminibus.squarespace.com
1010 W 5th St, Washington.................... 319-653-2853

Wheelchair Van Service via Washington County Ambulance washingtoncountyambulance.net
1120 N 8th Ave, Washington .................. 319-653-2047
Utilities and Public Services

**Driver's License/ID**  Washington County Treasurer's Office County Courthouse ........................................319-653-7789

**Gas & Electric**
Alliant Energy
220 East 3rd St, Washington .......................... 800-255-4268

MidAmerican Energy
1630 Lower Muscatine Rd, Iowa City.......... 319-472-5632

**WELLNESS**

**Farmers Markets**

**Riverside Farmers Market**
Sundays 10 am – 1 pm July through September at the Riverside Casino Parking Lot, 3184 Hwy 22

**Washington Farmers Market**
5-7:30 pm on Thursdays in Central Park from May through October

**Wellman Farmers Market**
Tuesdays 4-6 pm at Bidwell-Slockett Park during the summer months.

**Wellness Education**

**Washington County Hospital and Clinics**

[www.wchc.org](http://www.wchc.org)
400 E Polk St, Washington .......................... 319-653-4271
Cardiac Rehabilitation, Diabetes Education, Fresh Start Weight Loss, Healthcare Library

**Fitness/Swim Centers**

**Kalona Municipal Pool** .................................. 319-656-2309

**Kalona Rec Center**  [kalonacommunitycenter.com/](http://kalonacommunitycenter.com/)
511 C Ave ..................................................... 319-656-2310

**Washington Steele Family Aquatic Center**... 319-653-6054

**YMCAs of Washington County**

[www.washington.org/home.aspx](http://www.washington.org/home.aspx)
Each Community Y offers a variety of programming, services, and opportunities for individuals of all ages.

**Wellman** - 22525 13th St ......................... 319-646-8439

**Washington has two locations:**
2121 E Main .................................................. 319-653-2141
2110 S Iowa .................................................. 319-653-6500

**Outdoor Tracks** (available for public use when not in school use and according to school rules)

**Case Field** ............................................. South 9th Avenue, Washington

**Highland School District Track** ............. 1715 Vine Ave, Riverside

**Mid-Prairie School District Track** .......... 1634 Hwy 22, Wellman

**Parks, Trails & Recreation Areas**

**Brinton Timbers Park** ............... Fir Ave North, west of Brighton

**Clemons Creek Wildlife and Recreation Area**
................................................................. Kiwi Ave, Washington

**Fern Cliff County Park** ................. Fern Cliff Road, Crawfordsville

**Kewash Nature Trail** .......................... D Ave, Washington

**Washington County Conservation Education Center & Marr Park**
............................................................. 2943 Hwy 92, Ainsworth

**Lake Darling State Park** .................. 111 Lake Darling Road, Brighton

**Sunset Park** ........................................... Hwy 92, Washington

Wooden play area, disc golf course, dog park, skate park

For a complete list of parks in Washington County visit....

[co.washington.ia.us/170/Conservation](http://co.washington.ia.us/170/Conservation)

[chamber.washingtoniowa.org/parks-recreation/](http://chamber.washingtoniowa.org/parks-recreation/)
Youth Opportunities

**Boy Scouts of America** [hawkeyebsa.org](http://hawkeyebsa.org)

Hawkeye Area Council
660 32nd Ave. SW, Cedar Rapids ...................... 319-862-0541
Cub Scouts is a family centered program for boys from 1st to 5th grades that fosters self-esteem and teaches cooperation.

**Elements** [kalonayouth.com/index.html](http://kalonayouth.com/index.html)

511 C Avenue, Kalona.................................. 319 656 2400
Outreach program for kids from grades 6-12 operated by Kalona Youth Organization.

**Girl Scouts of Eastern Iowa and Western Illinois** [GSEIWI.org](http://GSEIWI.org)

Local troops provide opportunities to help girls discover their strengths and passions with a mission to grow girls of confidence & character who will make the world a better place.

**ISU Extension & Outreach Washington County Office** [extension.iastate.edu/washington](http://extension.iastate.edu/washington)

2223 250th Street ..................................... 319-653-4811
4-H & Youth Programs, special events and much more!

**Kalona Rec Center** [kalonacommunitycenter.com/](http://kalonacommunitycenter.com/)

511 C Ave ............................................... 319-656-2310

**YMCA of Washington County** [washington.org/home.aspx](http://washington.org/home.aspx)

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- **Washington has two locations:**
  - 2121 E Main ........................................ 319-653-2141
  - 2110 S Iowa ....................................... 319-653-6500

**ADDITIONAL INFORMATION HELPLINES**

- Alzheimer’s & Related Disorders [www.alz.org](http://www.alz.org) 800-272-3900
- American Cancer Society [www.cancer.org](http://www.cancer.org) 800-227-2345
- American Heart Association [www.heart.org](http://www.heart.org) 800-242-8721
- American Lung Association of Iowa [www.lung.org](http://www.lung.org) 800-586-4872
- Bullying & Youth Suicide Hotline [www.yourlifeiowa.org](http://www.yourlifeiowa.org) 855-581-8111
- COMPASS, Iowa (disabled) [www.iowacompass.org](http://www.iowacompass.org) 800-779-2001
- Crisis Text Line ........................................ Text “Go” to 741741
- Cybertip Hotline (Center for Missing & Exploited Children) 800-843-5678
- Department of Human Services Child & Adult Abuse Hotline 800-362-2178
- Domestic Violence Abuse Hotline [www.thehotline.org](http://www.thehotline.org) 800-799-7233
- Mental Health Crisis Line-24 hrs a day www 877-404-4770
- Gambling Hotline (BETS OFF) [www.1800betsoff.org](http://www.1800betsoff.org) 800-BETS-OFF
- Paws & More Animal Shelter .......................................................... 319-653-6713
- Lead Poisoning .............................................. 800-972-2026
- Medicare Hotline [www.medicare.gov](http://www.medicare.gov) 800-633-4227
- Narcotics Hotline (report suspected drug and meth activity) .. 800-532-0052
- National Hispanic Family Health Help Line 866-SU-FAMILIA
- National Youth Crisis Hotline ........................................ 800-442-4673
- Poison Control [www.iowapoison.com](http://www.iowapoison.com) 800-222-1222
- Quitline Iowa (quit smoking) [www.quitlineiowa.org](http://www.quitlineiowa.org) 800-784-8669
- Rape, Abuse, & Incest National Network (RAINN) 800-656-4673
- Sexual Abuse Hotline-Iowa ........................................ 800-284-7821
- Social Security Administration [www.ssa.gov](http://www.ssa.gov) 800-772-1213
- Substance Abuse Information Center [www.drugfreeinfo.org](http://www.drugfreeinfo.org) 866-242-4111
- Suicide Prevention [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org) 800-273-8255
- Veterans Foundation Help Line ........................................ 888-777-4443
- Weather & Road Information www.511ia.org ...................... 511 or 800-288-1047

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To submit new or corrected information for the next update of this directory please email rsloat@washph.com