

## Dental Services

Lack of dental care during a pregnancy can have a direct affect on your unborn child. Each maternal health client is offered a dental screening by a Registered Dental Hygienist. The hygienist works with the client to assure that proper dental treatment is received during and after pregnancy.



### Services provided:

- ♥ Oral health education
- ♥ Dental screening
- ♥ Fluoride varnish application
- ♥ Referral to local dentists for treatment

Call 319-653-7758 or 1-800-655-7758  
for more information  
Ask for Martha Hernandez, Jen Weidman  
or Lori Hobscheidt

~ Promote ~ Protect ~ Prevent ~ Respect ~ Partner



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[www.washph.com](http://www.washph.com)



## Maternal Health Program

Assistance for Pregnant Women



# Congratulations!

Becoming a new parent is very exciting. Even with the best preparation you cannot anticipate some of the questions and concerns that may develop the first few weeks of pregnancy.

Washington County Public Health (WCPH) offers a Maternal Health program that is available to women who have Title 19, no insurance or are underinsured.

Depending on a woman's income services may be offered on a sliding fee scale.

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# Services

## Maternal Health Program

### Nurse

- ♥ Assist in obtaining a physician
- ♥ Offer prenatal education
- ♥ Supply prenatal vitamins
- ♥ Schedule prenatal and postpartum home visit with maternal health nurse
- ♥ Educate and support infant feeding practices
- ♥ Breastfeeding support
- ♥ Screen for prenatal and postpartum depression

### Social Work

- ♥ Perform social assessment and resource & referral
- ♥ Assist in obtaining appropriate payment source
- ♥ Arrange for dental screening assessment, fluoride varnish, education and referral for dental care
- ♥ Offer preventative dental services on an appointment basis for pregnant women who are underserved

### WIC

- ♥ Provide nutrition evaluation and education

**For more information please contact us at:  
Washington County Public Health  
(319)653-7758**

# Locations

## Maternal Health Services

**Services Provided at WCPH  
110 N. Iowa Avenue, 5th Floor**

### **Hours:**

**1st and 3rd Tuesday of the month**

**10:00 AM - 4:00 PM**

**AND**

**1st and 3rd Thursday of the month**

**9:00 AM - 4:00 PM**

### **WIC**

Available the same time as maternal health clinics. You will see the nutritionist twice during pregnancy and once after you deliver. For your baby to qualify, you must take your baby to a WIC session. Call (319)356-6042 to schedule an appointment.

### **PRENATAL CLASSES**

Taught at Washington County Hospital. For more information on dates and times, call the OB department at Washington County Hospital at 653-5481.