



Obesity Prevention Task Force

Date: 5-3-13

Recorder: Lynn

Members Present: Tom Basten, Kathy Janz, Sandra Johnson, Christina Nash, Danielle Pettit-Majewski, Erin Rugg, Lynn Fisher

Agenda Topic	Discussion	Decision/People Following Up
Agency Updates	<ul style="list-style-type: none">• The Wellman Y had 12 spin bikes donated to them! This was a very generous gift.• Erin is going to train to become a “Better Choices Better Health” coach. She was recruited by Jen at WCPH, sponsored by the Community Transformation Grant.	

Coalition Questions and Discussion

- A task force member has asked if we should consider participating in Ridiculous Day on Saturday, June 1st?
- Tom advised us that he may put forward a request to the task force members to write letters to the Iowa Dep't. Of Transportation, supporting widening of the Hwy. 1 shoulder South to Brighton. This would then lend additional trail connectivity to Brighton and Lake Darling State Park. Tom is waiting for further details from Ed Raber and will get back to us about this request.

Following discussion, group decided we will not participate this year.

Many members voiced support of writing letters to the IDOT.

<p>2013 Activities</p>	<p>Trail of the Month: <u>May 11th</u> Wellman Y 5K Run/Walk <u>May 18th</u> @ city of Riverside- Walk/Run the trail <u>June 15th</u> Relay for Life in Washington <u>July 4th</u> Wellman 4th of July celebration includes softball & other physical activities <u>August</u> - Duathlon/tentative Strong Man competition in Washington <u>September 21st</u> -Hospice Run/Walk @ Sunset Park <u>October 12th</u> Movement Mayhem Obstacle Run/Walk at Marr Park <u>November 29th</u> Jingle Bell Run in Washington</p>	<ul style="list-style-type: none"> Christina will help promote both the May 11th and May 18th activities. The flyers for May 18th are made. Marcus Hall is putting final information together and will give to Christina.
<p>Live Healthy Iowa update</p>	<p>Erin provided a summary regarding LHI. Mid–Prairie School District won the K-12 Cup Challenge (first place in the state) and received a trophy at the State capitol last week! The Governor presented the trophy. Highland School District won 3rd place in the state!</p>	
<p>Kidzfest Booth</p>	<p>Final planning carried out for 5/24/13 event.</p>	<p>Erin, Sandra, Danielle, and Lynn will</p>

	Discussed the activities that we should have the kids do at the booth. Kathy offered to use any remaining VERB funds for animal crackers. Group provided revisions for postcard.	run the Obesity Prevention Task Force booth. We will hand out animal stickers and certificates of participation and possibly animal crackers. We will have kids do “Jaguar Jumps” “Frog Hops” and “Leaping Lizards.” Erin will check on cost of animal crackers at Costco. Lynn will check with Josh to learn if there are any remaining VERB funds available. Lynn will check with organizers to make sure they understand we will need plenty of space, if location is changed due to rain.
Media Summary	Lynn will talk with Lori about getting the postcard information on our Facebook page.	
Next Meeting	June 7, 2013 at 12:30 at Washington Library	