



**Obesity Prevention Task Force**

Date: 6-7-13

Recorder: Lynn

Members Present: Danielle Pettit-Majewski, Erin Rugg, Lynn Fisher, Jo Weidner, visitor- student nurse Jacquelyn

<b>Agenda Topic</b>	<b>Discussion</b>	<b>Decision/People Following Up</b>
<p><b>Agency Updates</b></p>	<ul style="list-style-type: none"> <li>Erin reported that next year is the city of Washington's 175th anniversary. Celebration planning is going on now. The celebration will be the first week in June. There will probably be daily activities occurring that will lend many opportunities for the task force.</li> </ul>	
<p><b>Coalition Questions and Discussion</b></p>	<ul style="list-style-type: none"> <li>Should we cancel the July 5<sup>th</sup> meeting, due to 4<sup>th</sup> of July holiday?</li> </ul>	<ul style="list-style-type: none"> <li>The group decided we should cancel the July 5<sup>th</sup> meeting, due to the holiday.</li> </ul>

## 2013 Activities

### YEAR OF THE TRAIL

**June 15<sup>th</sup>** Relay for Life **Kierstan**  
**July 4<sup>th</sup>** Wellman 4<sup>th</sup> of July **Lynn**  
**August** - Duathlon Strong Man event **Greg**  
**September** -Hospice Run/Walk **Shawn**  
**October 12<sup>th</sup>** Movement Mayhem Obstacle  
Course at Marr Park **Eric/Erin**  
**November** Lake Darling Opening **Tom**

Jo reported that a new book “Duck on a Bike” will be placed on the Kewash Trail this weekend, for the “No Student Left Inside” campaign. She showed us several pages from the book and the illustrations are beautiful! Jo did reiterate that this project is somewhat costly, as 2 books need to be purchased-one for the library and one for the trail.

Update on Student-led gardens: The peppers, tomatoes & broccoli all look great at the Lincoln garden! Lots of other tiny plants are also growing, which Lynn couldn't identify.

Update on KIDZFEST booth: The Kidzfest booth was a great success! We ran out of animal crackers (260 bags) by 7:15 PM. The kids did “frog hops”, “Jaguar Jumping Jacks” and “Leaping Lizards” with Danielle leading them. She was exhausted by the end of the night! We handed out postcards, but still have plenty available. Lynn brought the extras, for

	members to take & hand out.	
<b>Live Healthy Iowa update</b>	Erin reported that the “Burst Your Thirst” campaign is going on now. The campaign is modeled after the Live Healthy Iowa concept, with teams registering to meet water consumption goals.	
<b>Media Summary</b>	Lori was not able to attend today’s meeting.	Lynn will meet with Lori to discuss media updates.
<b>Next Meeting</b>	August 2, 2013 at 12:30 at Washington Library	

