



Obesity Prevention Task Force

Date: 4-5-13

Recorder: Lynn

Members Present: Sandra Johnson, Shawn Loy, Christina Nash, Danielle Pettit-Majewski, Shirley Pfeifer, Erin Rugg, Lynn Fisher

Agenda Topic	Discussion	Decision/People Following Up
<p>Agency Updates</p>	<ul style="list-style-type: none"> • Danielle introduced herself - she is the new administrator for Washington Co. Public Health 	
<p>Coalition Questions and Discussion</p>	<ul style="list-style-type: none"> • Strong Man Competition: Greg was unable to attend the meeting, but phoned in and provided an update on the event planning. He and Shawn Loy, Mark Beatty, Josh Riffel, and Terry Hartzler are 	<p>Send any suggestions for possible</p>

	<p>still working on the planning. It would include a weekend of physical activities such as a 5 K run, a bike ride, & Strong Man competition. Event could possibly be held on Aug. 3rd. They are still seeking \$500.00 in funding for the Strong Man sanctioned event.</p> <ul style="list-style-type: none">• Matt Chrisman, the PhD candidate that has been working with the task force, had his dissertation defense last week. He is presenting his data from the Washington Co. focus groups at the Governor's conference on Public Health. Lynn summarized some of the data for the group.• Jen Weidman contacted Lynn and conducted a CHAnGE tool assessment from the task force perspective. This was a Community Transformation Grant activity for Jen.• We received a \$1000.00 grant from the Washington Iowa Betterment Foundation for the student –led gardens!!• Shawn questioned what organizations are available as a 501 c 3 for potential grant funding?• The group discussed an idea to create a “calendar of county events” on 1 central website.	<p>funding for the sanctioned Strong Man event to Greg Wertz at gwertz@optimaeliveservices.com</p> <p>The narrative summary of Matt's data is attached to the meeting minutes.</p> <p>Shawn expressed interest in organizing a list of grant opportunities that are available for student vegetable gardens.</p> <p>Lynn learned that the Washington Iowa Betterment Foundation at Washington State Bank is a 501 c 3 organization and agreed to let us use their number.</p>
--	---	---

2013 Activities

YEAR OF THE TRAIL: The team identified contact persons that can work with the Media Liaison to help promote trail events:

March 27th @ 7:30 PM - hike at Hayes Timber in Washington with county naturalist

April- Moonlight ride on 4/25? Lynn

May 18th @ city of Riverside- walk/run the trail

June 15th Relay for Life Christina
Kierstan

July 4th Wellman 4th of July Lynn

August - Strong Man event Greg

September -Hospice Run/Walk Shawn

October 12th JET Physical Therapy
Obstacle Course at Marr Park Eric/Erin

November Lake Darling Opening Tom

STUDENT LED GARDENS: Lincoln's garden will be built on Sunday, 4/7 and Ainsworth's on 4/14.

KIDZFEST BOOTH: Discussed ideas for physical activity. Decided to have kids do "frog hop", "Jaguar jumping jacks" and "Leaping Lizards", all to fit in with the Safari to Health theme. Erin suggested we look for sponsors to support postcards to hand out @ the booth with trail events published.

Christina will seek prizes such as water bottles from the Wellman Y, Lynn will seek animal stickers. We would like to hand out animal crackers.

Volunteers for Kidzfest booth: Erin, Danielle, Sandy, Lynn

Live Healthy Iowa update	Erin provided updates: Mid-Prairie school district is in #4 position state-wide, Highland in #7 position state-wide. Washington County is in the running to receive the Community Cup award. The Mid-Prairie team has been invited to Ames on May 9 th to receive recognition for their outstanding job and answer questions regarding “lessons learned.” Congratulations Erin & subcommittee!	
Media Summary	Kierstan has advised us that she will need to step down from the Media Liaison role for the next 4-6 months, as she is assuming additional management duties. She is disappointed that this is necessary. Discussed a substitute. Lynn offered a new member’s name, Lori Hobscheidt, who expressed interest in the role.	We will offer media liaison role to Lori Hobscheidt.
Next Meeting	May 3, 2013 at 12:30 at Washington Library	