



**Obesity Prevention Task Force**

Date: 1-4-13

Recorder: Edie

Members Present: Tom Basten, Kathy Janz, Edie Nebel, Kierstan Peck, Erin Rugg, Lynn Fisher, Eric Turner, Lauren Versweyveld

<b>Agenda Topic</b>	<b>Discussion</b>	<b>Decision/People Following Up</b>
<p><b>Agency Updates</b></p>	<p>Lynn passed out the picture from the Washington Journal, that showed Hy-Vee donating \$1500.00 to the Student-Led Garden project. Tom reported the Lake Darling trail project has encountered delays and the start date and timeline has changed.</p>	
<p><b>Coalition Questions and Discussion</b></p>	<p>Erin reported that she &amp; Edie &amp; Becky Harkema met with Dennis Hunger &amp; Amy Vetter from Washington Co. Hospital to discuss Blue Zones. No conclusions were made regarding submitting an application for</p>	

	Washington at that mtg. Lots of resources would be needed to implement Blue Zones and the “lead” organization would need resources such as assigned office space, telephone lines, & parking space.	
<b>Implementation Planning for 2013</b>	<p>Discussed &amp; developed Year of the Trail ideas. Decided to identify a trail to highlight each month and collaborate with clubs and other entities to coordinate events such as biking, hiking, running, and kayaking. The task force will coordinate media coverage to promote the activities. We identified Sunset Park as a potential site for the “No Child Left Inside” initiative. We discussed approaching Kohl’s in Coralville to see if they would be interested in participating in our events by volunteering their employees and a \$500.00 mini-grant.</p> <p>We briefly reviewed other work plan activities, including Live Healthy Iowa and Student Led Gardens. The Work plan was approved by the group present.</p>	<ul style="list-style-type: none"> <li>• Task Force will highlight a “Trail of the Month.” We will collaborate with other clubs/entities to coordinate events.</li> <li>• Tom Basten &amp; Eric Turner volunteered to lead the subcommittee.</li> <li>• Bring contact information for bike clubs, etc. or lists of trail events that you know of, so we can begin to coordinate.</li> <li>• For <b>October</b>, we will assist JET Physical Therapy with a run/walk wellness event at Marr Park Trail.</li> <li>• We identified Sunset Park as the trail site for the “No Child Left Inside” initiative.</li> </ul>
<b>Media Summary</b>	Agreed to highlight Live Healthy Iowa teams in our media report for this month.	Kierstan will write a media update to submit to local media.
<b>Next Meeting</b>	Feb 1, 2013 at 12:30 at Washington Library	

