

UNITED WAY

2-1-1

GET CONNECTED

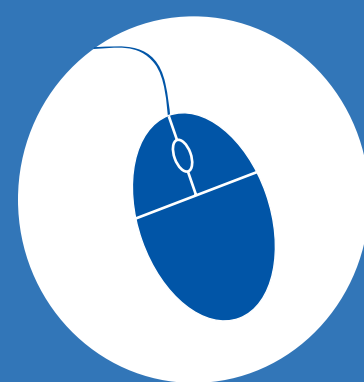
2-1-1 is for everyone
No cost
Completely confidential
Available 24/7
Multilingual assistance
Available by phone or online

GET ANSWERS

Physical and mental health
Employment support
Assistance for older adults
Assistance for persons with disabilities
Support for children and families
Emergency/crisis assistance



**Dial 2-1-1
from any phone**



**Connect online at
FirstCallForIowapla.org**

Or dial: 319-739-4211 or 1-866-469-2211



Call United Way 
2-1-1 TM
Get Connected. Get Answers.